

## **Tree Nuts that don't contain Peanut:**

### **Almond:**

Barney Butter- does not contain other tree nuts (Market Basket, Whole Foods, Shaw's, Hannaford, Target, Walmart)

Wonderful Brands- does not contain other tree nuts (Walmart, CVS, Rite Aid)

### **Cashews:**

Tierra Farms- does not contain other tree nuts (Debras Natural Gourmet, Concord Ma; Earthwood Natural Food, Amherst NH)

Trader Joe's Cashew Butter- does contain almonds

### **Pistachios:**

Wonderful Brands; does not contain other tree nuts (Walmart, CVS, Rite Aid, Sam's Club)

Nichols Farms- processed in facility with almonds (Market Basket, Costco)

### **Hazelnut:**

Nutella- contains milk and soy

**Artisana Foods-** Cashew, almond, pecan, walnut, and macadamia nut butter. Free from peanut, gluten, dairy or soy (Whole foods, Home Goods, Marshall's, TJMaxx)

**Blue Diamond-** Processed with other tree nuts (CVS, Rite Aid, Hannaford, Market Basket)

## **Peanut Butters that don't contain tree nuts:**

Skippy- contains soybean oil

Jif- contains soybean oil

Smart Balance- contains flaxseed oil

Smucker's- contains peanut only (Stop & Shop, Target)

Trader Joe's- Only ingredient is Peanut- Not sweet

Pediatric and Adult Allergy, Asthma and Immunology Services

