

# Medications which Interfere with Allergy Skin Tests and Food/Medication Challenges

Certain over-the-counter and prescriptions medications contain ingredients which affect allergy skin tests.

Check labels of all medications you are using (including eye drops and nasal sprays) to determine whether your medication contains any ingredient listed below. For questions regarding ingredients, contact your pharmacist.

The medications listed must be held for at least the amount of time indicated prior to allergy skin tests.

<b><u>Eye Drops:</u></b> Pataday, Patanol, Zaditor, Alaway, ketotifen, epinastine  Pheniramine (Visine Allergy Eye Drops)	7 Days  48 hours
<b><u>Nasal Sprays:</u></b> Patanase, Astelin, Astepro, azelastine, olopatidine	7 days

## **ORAL MEDICATIONS:**

Benadryl, diphenhydramine (allergy medications and sleep aids)	3 days
doxylamine, pyrillamine, pheniramine (in allergy, cold, and sinus meds)	3 days
Phenergan, promethazine (in prescription cough syrups and anti-nausea)	3 days
Periactin, cyproheptadine (appetite stimulant and other uses)	3 days
meclizine, dimenhydrinate, Antivert, Bonine, Dramamine (motion sickness)	48 hours
ranitidine, famotidine, nizatidine (indigestion, heartburn medications)	48 hours
Chlor-Trimeton, Tussionex Cough Syrup, chlorpheniramine (in allergy, cold, and sinus meds)	5 days
Zyrtec, Xyzal, Atarax, Vistaril, cetirizine, levocetirizine, hydroxyzine (allergy & itch) Claritin, Alavert, loratidine (in non-prescription allergy medications) fexofenadine, Allegra, Clarinex, desloratidine, brompheniramine, Brovex, and Lodrane	7 days
Remeron, mirtazapine (treatment of pain, depression, appetite stimulant)	7 days
<b>TRICYCLICS</b> (Headache, neuralgia, other chronically painful conditions) <b><u>DO NOT STOP WITHOUT CONSULTING THE PRESCRIBING PHYSICIAN</u></b>	
amitriptyline, Elavil, imipramine, Tofranil	7 days
doxepin, Sinequan, Pamelor, nortriptyline	10 days

# Medications that do **NOT** Interfere with Allergy Skin Tests and Food/Medication Challenges

The following medications do not interfere with allergy skin tests and may be continued.

<u>Nasal Sprays</u>	<u>Oral Medications</u>
Fluticasone, Flonase, Veramyst, Nasonex, Nasacort, Rhinocort, and QNASL.	pseudoephedrine, phenylephrine decongestants <b>Singulair (allergy)</b> Mucinex, guaifenesin Delsym, dextromethorphan (cough medications) <b>All asthma inhalers</b> Protonix, Prevacid, Nexium, Aciphex (prescription stomach acid reducers) omeprazole, Prilosec (non-prescription stomach acid reducers)