

Patch Testing Information

- Patch Testing consist of three separate appointments – Monday, Wednesday and Thursday
- The initial appointment you will meet with the doctor and have the patches applied.
- The second appointment, you will meet with a nurse who will take off the patches and look at your back.
- The third appointment (24 hours after patches have been removed), you will meet with the doctor to look at your back and review the results.
- You may NOT shower, sweat or exercise until the patches have been removed.
- You should NOT apply any lotion to your back prior to patch tests being applied.
- Let the doctor know if you have recently used any topical corticosteroid creams on you back.